

# **BEFORE / AFTER**

Circle One

## **BED PARTNER QUESTIONNAIRE**

Name of person completing this form: \_\_\_\_\_

Name & Relationship to Patient: \_\_\_\_\_

I have observed this person's sleep: OFTEN \_\_\_\_\_ ONLY ONCE OR TWICE \_\_\_\_\_

**CIRCLE ANY OF THE FOLLOWING BEHAVIORS THAT YOU HAVE WITNESSED DURING PATIENT'S SLEEP.**

**MILD SNORING**

**PROFUSE SWEATING**

**THRASHING IN BED**

**MODERATE SNORING**

**VIOLENT BEHAVIOR**

**SLEEP WALKING**

**SEVERE SNORING**

**TOSSING AND TURNING**

**BODY ROCKING**

**CHOKING**

**PAUSES IN BREATHING**

**BODY ROCKING**

**GASPING**

**HEAD BANGING**

**BODY SHAKING**

**WHEEZING**

**LOUD SNORTS**

**EATING THOUGH ASLEEP**

**TEETH GRINDING**

**KICKING**

**INTERMITTENT BREATHS**

**BED WETTING**

**RHYTHMIC LEG TWITCHES**

**MORNING HEADACHES**

**CRYING OUT**

**WAKING FROM SNORING**

**FREQUENT URINATION**

**AWAKENING WITH PAIN**

**RESTLESS SLEEPER**

Guy A. Spinner DDS  
drspinner.com  
631-288-9000