

Dr. Guy A. Spinner
16 Old Riverhead Rd.
Westhampton Beach, NY 11978
631.288.9000
Fax: 631.288.1800
drspinner.com

Sleep Breathing Disorders
Affidavit For Intolerance To CPAP/BiPAP

I have attempted to use a CPAP machine to manage my sleep related breathing disorder (apnea) and find it intolerable to use on a regular basis for the following reasons:

- Inability to get mask to fit properly
- An unconscious need to remove CPAP apparatus at night
- Claustrophobic
- CPAP does not seem to be effective
- CPAP restricts movements during sleep
- Discomfort caused by straps or by head gear
- Disturbance / interrupted sleep caused by presence of device
- Noise from device disturbing sleep or bed partner's sleep
- Pressure on upper lip causing teeth related problems
- Other _____

Because of intolerance and inability to use the CPAP machine, I wish to have an alternative method of treatment. The alternative of treatment is with a mandibular advancement device (MAD).

Signature: _____
Patient Dr. Guy A. Spinner

Date: _____